Sider what they have been going through with their patients is when you push what we have and not to today living.

Synergy has introduced Natural (Naturapathic) Medicine will change your life, only takes a few minutes for Gillman explained. "What that does is give the physicians a factual picture into your chemistry, which in turn will allow their physicians you have – and Synergy Integrative Health and Medical Spa really came up with some of the best you will find.

Whether its men or women, physicians such as George Safrstein, M.D. and Dr. Allan Fields have made it priority in their profession to elevate the quality of life, and both have done it at this facility. Dr. Safrstein’s diverse medical background and knowledge helps men and women live healthier more vibrant lives. From Healthy Aging to Longevity and Life Extension Programs including Bio-Identical HRT, HGH and Testosterone Programs.

In addition, he has been involved with Integrative Medicine and Bio-Identical HRT Experience, Menopause and Andropause Therapy for Aging Men and Women looking to alleviate symptoms caused by Hormonal Imbalance, Improve their Sexual Health and Age Well. Well known and admired, Dr. Fields was appointed as the Chief Medical Advisor for IKF Kickboxing and ISC MMA in May of 2007. He has been a surgeon since 1973, and has been involved in sports medicine his entire career. His resume and list of honors is long and impressive and includes serving as team physician to the USA Olympic Team and serving as chairman of the Medical Advisory Board for the Florida State Athletic Association.

A member of the USA Olympic Boxing Committee, he was vice-president of the American Association of Professional Ringide Physicians, and was named Physician of the Year, in 2004, by the AAPRP. Currently he is on the Executive Committee, the Board of Directors and the Medical Review Board of the American Association of Professional Ringide Physicians, which is an international, non-profit organization dedicated to the health and safety of the professional and amateur boxer.

Also, IV Clinician Nancy Murcia has an amazing understanding of the entire process, watching a family member who had cancer use many of these treatments have had successful results.

Once you are a patient and a member of the Synergy Integrative Health family, there are so many options available to you. Healing Halotherapy in a state-of-the-art Synergy Salt Room featuring pure, therapeutic Himalayan salt. RIGHT: EECP (Enhanced External Counter Pulsation) Treatment is performed to help circulation.

Don’t wait to get started

Like anything in life, getting started is often the toughest part. Coming by to talk about a program that will change your life, only takes a few minutes for Gillman and the entire staff to explain how they can help you prolong your transition and make it a part of your everyday living.

The one thing that is a turnoff to many potential patients is when you push what we have and not to consider what they have been going through with their medical doctors all their lives,” Gillman pointed out. “We want to work with their physicians to come up with the right treatment to benefit the patient. That is the passion that everyone that has that walks these great halls.

From the time you walk into the office, the patient will go through a complete Diagnostic Lab Testing. What that does is give the physicians a factual picture into your chemistry, which in turn will allow their team of experts to design a personalized wellness plan for you.

The blood testing, which is covered by most insurances, will determine everything about your body. That is why we can see what supplements are depleted and have changed the way the patient feels.

The blood testing is the most vital part of what we do,” Gillman explained. “That way, we can determine what treatments are needed. We do 40 different tests and that can assist in determining Food Intolerance and Chemical Sensitivities. It is also used as a preventive measure when looking for signs of degenerative illnesses that can cause deficiencies in the body and impact overall health.”

A simple blood test may save you from the hidden early clutches of cancer, diabetes, heart disease, osteoporosis, organ dysfunction, chronic immune disorders, hormone disorders and more.

The program works. Hundreds and hundreds have found out about this wave of the future and have jumped aboard - and the ongoing results tell the story.

On Staff Physicians are tops

With a tremendous staff, it always begins with the physicians you have – and Synergy Integrative Health and Medical Spa really came up with some of the best you will find.

Whether it’s men or women, physicians such as George Safrstein, M.D. and Dr. Allan Fields have made it priority in their profession to elevate the quality of life, and both have done it at this facility.

Synergy Integrative Health family, there are so many options available to you. Healing Halotherapy in a state-of-the-art Synergy Salt Room featuring pure, therapeutic Himalayan salt. RIGHT: The spacious waiting area is loaded with informative pamphlets and magazines on different treatments and therapies.

LEFT: Ian Gillman was so impressed by the way he looked and felt from his treatments, he joined the Synergy Integrative Health and Medical Spa team. CENTER: He has been a surgeon since 1973, and has been involved in sports medicine his entire career. His resume and list of honors is long and impressive and includes serving as team physician to the USA Olympic Team and serving as chairman of the Medical Advisory Board for the Florida State Athletic Association.

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